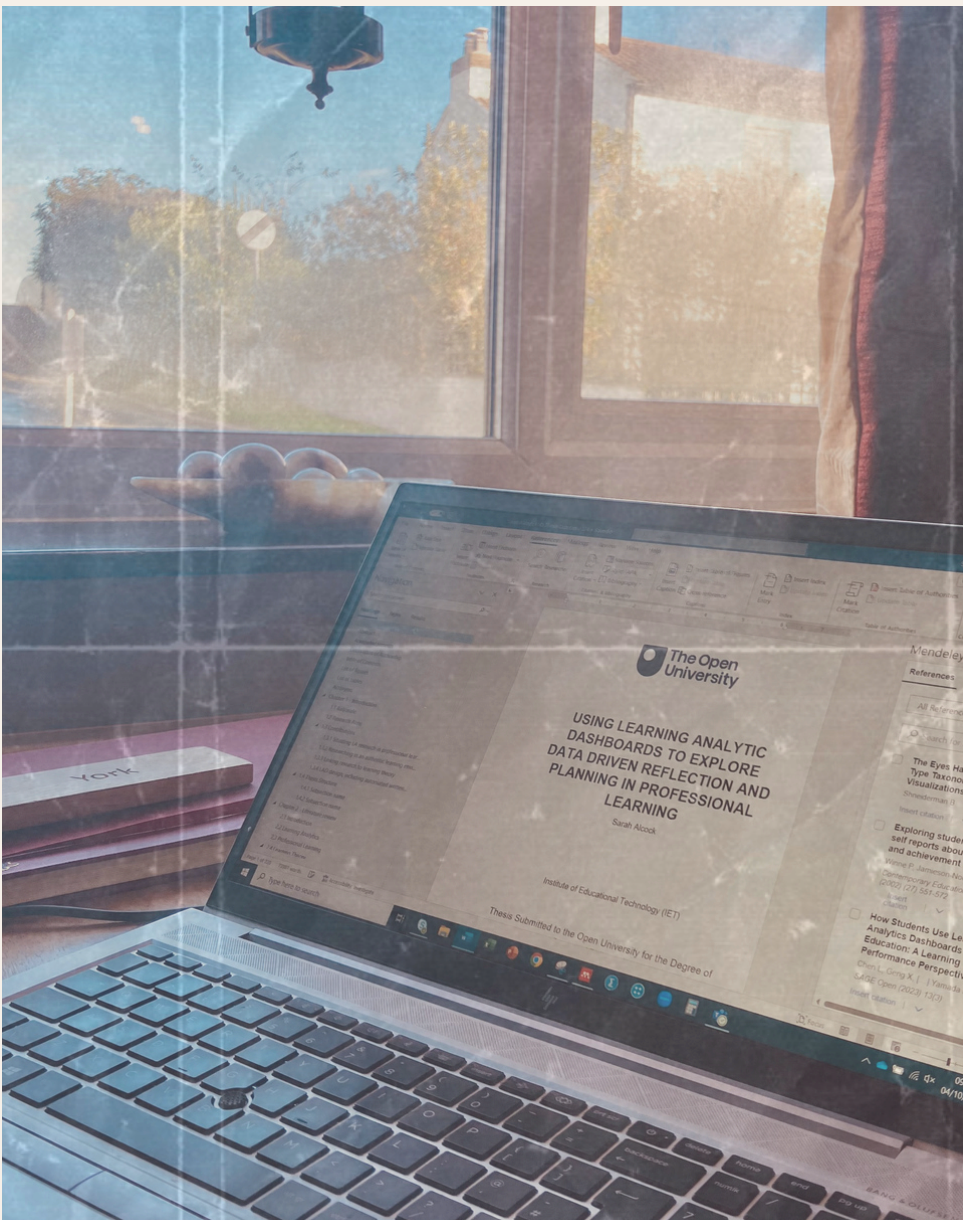


*Sarah Alcock... PhD in progress*

*MEMORIES AND REFLECTIONS*

# WRITING RETREAT





Silence and October sunshine

*Just me  
Some peers for inspiration  
No responsibilities*



Warmth

Comfort

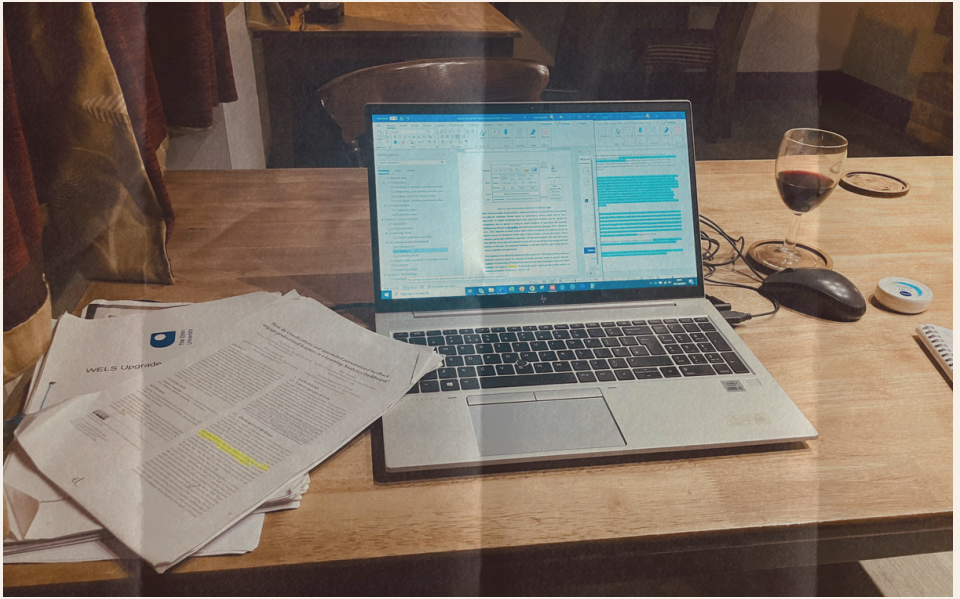


*Nature on our doorstep  
freely available  
at our pace*









Submission



and rest





with grateful appreciation

*and if writing is truly  
like breathing out*



*I need to breathe in*